

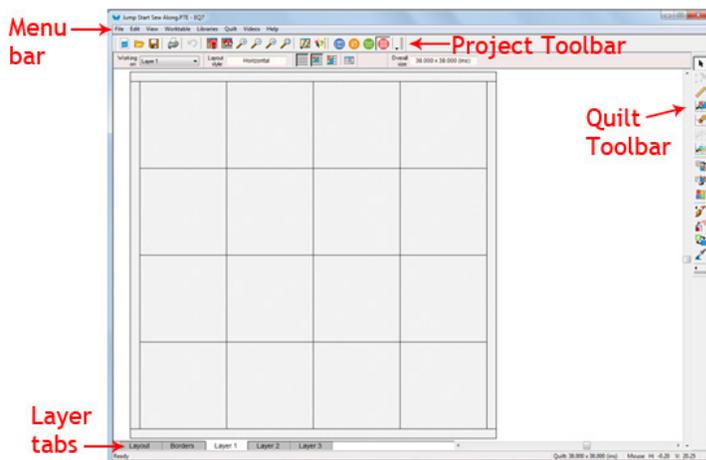
# Jump Start Sew Along: Block 1

Join in the sew along fun at [www.doyoueq.com/blog](http://www.doyoueq.com/blog)

Are you ready to *jump* in? I am! This is Block 1 of the Jump Start Sew Along. Today we're going to set up a basic quilt and print the pattern for our first block.

Let's get started!

1. Open EQ7.
2. On the *Create a new project* tab in the Project Helper window, type "Jump Start Sew Along". Click **OK**. We'll work in this same project for the entire sew along.
3. Click the **Work on Quilt** tool . This is the Quilt Worktable. Take a moment to look around your screen. See the diagram to the right for the important stuff to know.

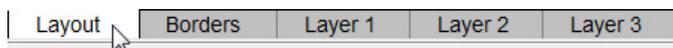


Quilt Worktable

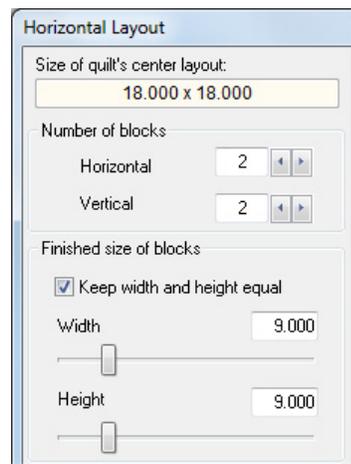
We'll set up a basic quilt layout. But don't worry—you don't have to make *this* quilt. We'll talk more about quilt layouts later in the sew along.

4. On the top menu bar, click **QUILT > New Quilt > Horizontal**.

5. Click the **Layout** tab at the bottom of the screen.



6. Input these settings:  
Number of blocks, Horizontal and Vertical: **2**  
Finished size of blocks:  
**Check** Keep width and height equal  
Drag slider to **9.00**

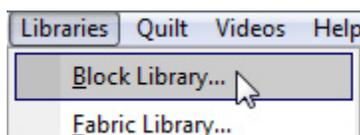


Step 6

7. Click the **Layer 1** tab. We've got a nice, simple quilt waiting for blocks. Let's go get some blocks from the Block Library.



8. On the top menu bar, click **LIBRARIES > Block Library**.



**About Block Size:** You don't have to make the blocks 9". This is EQ7 after all—you can print the patterns any size you like! But to make your life easier, I'll give you this advice:

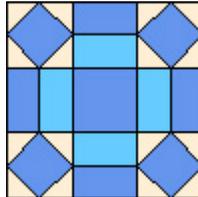
All of the sew along blocks are based on a nine patch grid. Pick a block size that's a multiple of 3 (3", 6", 9", 12", etc.) so that you're working with easy-to-measure numbers.

9. Under 01 Classic Pieced, scroll down and click **Nine Patch**.

10. If you hover your mouse over a block, the name will appear. Find the block named **Eccentric Star**. Click on it to select it. It will have a blue outline around it.

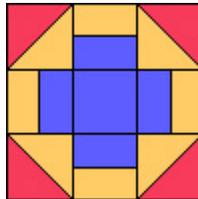
11. Click **Add to Sketchbook**. It will disappear, indicating it has been added to the Sketchbook.

12. Scroll further to the right until you find the block named **Rolling Stone**. Click on it and then click **Add to Sketchbook**.



Rolling Stone

13. Scroll some more until you find **Greek Cross**. Click on it, click **Add to Sketchbook**.



Greek Cross

14. On the left, click the style called **Nine Patch Stars**.

15. Find the **Twin Star** block and **Add to Sketchbook**.

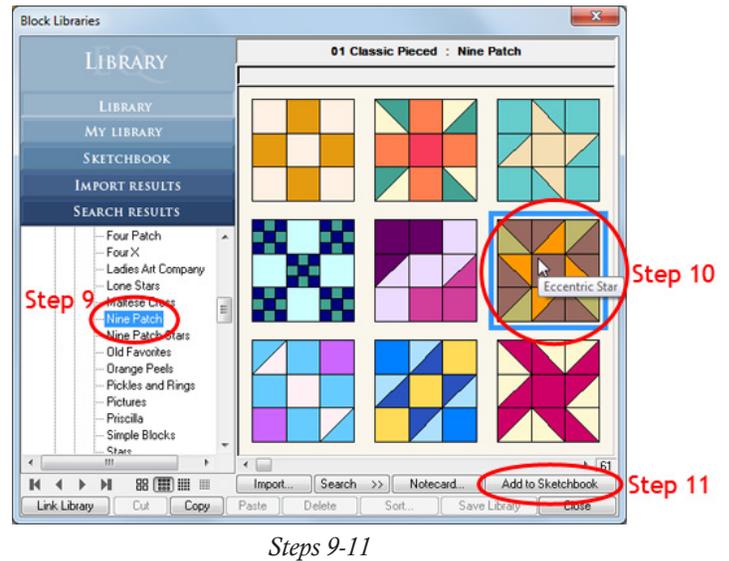
16. Click **Close**.

17. Now we're back at the Quilt Worktable. Click the **Set Block** tool  on the right. The Blocks palette will appear and you'll see the four blocks we copied from the library.

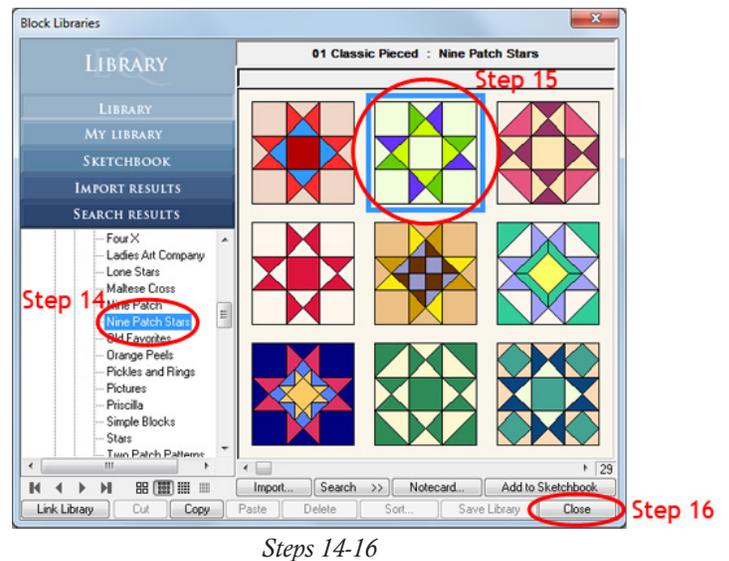
18. Click on the **Greek Cross** block in the palette. It will have a light blue line around it, letting you know it's the selected block.

19. Move your cursor over to the top-left block space in the quilt and click to place the block there.

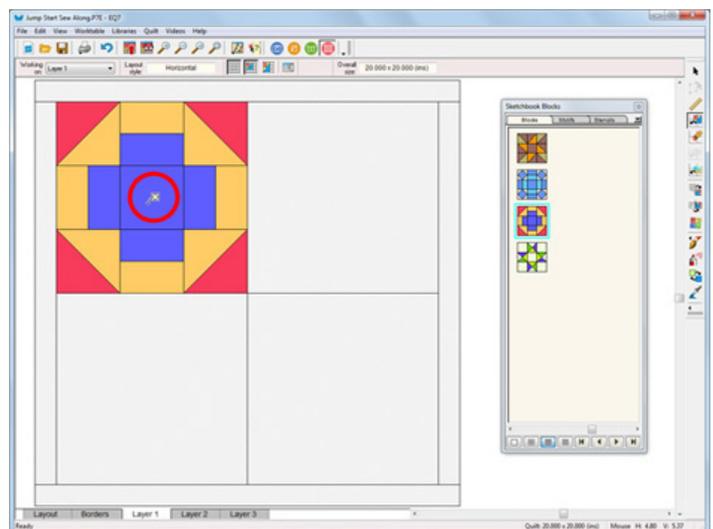
20. Click **Add to Sketchbook**  to save our in-progress quilt.



Steps 9-11



Steps 14-16



Steps 19

Now we're going to print the pattern for this block. In this lesson I'm going to show you how to print the Rotary Cutting chart. If you'd prefer to piece the block a different way (using Templates or the Foundation Pattern), feel free to use those print styles instead.

- On the right toolbar, click the **Select** tool .
- Click on the block in the quilt to select it (it will have a green outline).

- Click the **Print** button  on the top menu bar, and choose **Rotary Cutting** from the drop-down menu.

- The block size that we set in Step 6 (9 inches) will automatically be selected in the Print dialog. If you'd like to make the block a different size, click the circle next to *Custom block size* and type the new size in the Width and Height boxes above.

- Click the **Preview** button. A preview of the rotary cutting chart will appear on screen.

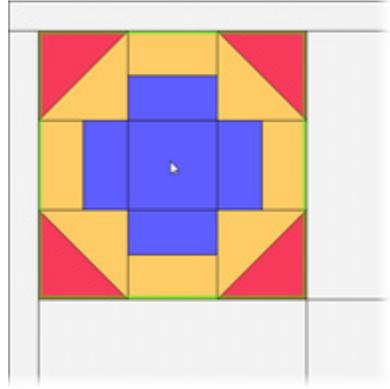
- Let's take a closer look at how to read the rotary cutting chart. Here's the chart for Patch A:



*This means:*  
 Cut a strip of fabric 3-7/8" wide.  
 Cut 3-7/8" squares from the strip.  
 Cut each square diagonally to make two triangles.  
 You will need 4 red triangles and 4 yellow triangles to make one block.

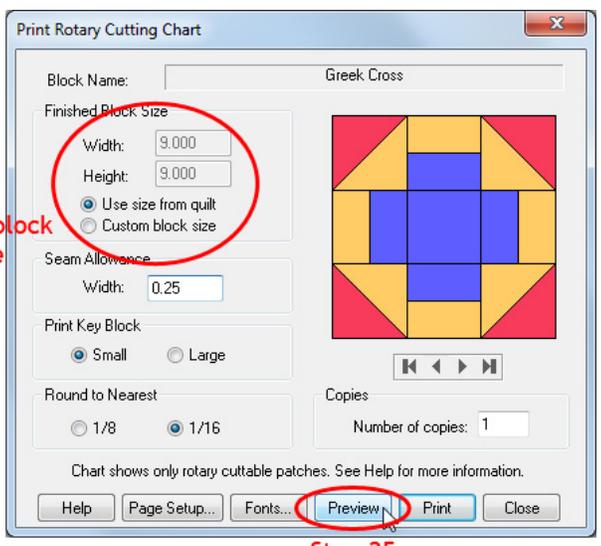
- Click the **Print** button at the top of the screen to print the chart, or click Close if you do not want to print at this time (then click Close again to return to the Quilt Worktable).

- Click the **Save** button  and then **FILE > Exit** to close EQ7.



Step 22

**IMPORTANT:** Remember that in EQ7 you are working in **finished sizes** (the final size of your block after *all* the seams have been sewn). EQ7 adds the seam allowance for you when you print the patterns.



Change block size here

Step 25

We've made it through our first block! Now hit the sewing machine and we'll meet back at the blog on **Friday, May 16th** to share our blocks.

[www.doyoueq.com/blog](http://www.doyoueq.com/blog)

We didn't use any of the coloring tools this time, but feel free to get creative in how you use fabrics when you sew the block. Don't feel like you have to keep the lights, mediums, and darks in the same patches as the block shows. Part of the fun of a sew along is to see how each sewist interprets the same block differently. We'll dive into the Fabric Library in the next sew along lesson!